

45+ LESSONS / THINGS TO REMEMBER IN LIFE

1. **LIFE IS NOT FAIR. (SEE SUPPLEMENT # 89).**
2. THERE WILL BE "DETRACTORS", i.e. FAMILY, FRIENDS, ACQUAINTANCES AND OTHERS.
3. YOU CANNOT ERASE THE PAST.
4. WHEN IN DOUBT TAKE THE NEXT SMALL STEP. "ALSO, WHEN IN DOUBT, **DON'T**". J. SCHOON.
5. LIFE IS TOO SHORT TO WASTE TIME HATING PEOPLE.
6. YOUR JOB WILL NOT TAKE CARE OF YOU WHEN YOU ARE SICK. YOUR FRIENDS AND FAMILY WILL / "MIGHT". STAY IN TOUCH.
7. PAY OFF YOUR CREDIT CARDS EVERY MONTH. PAY OFF YOUR STUDENT LOAN.
8. YOU DON'T HAVE TO WIN EVERY ARGUMENT. AGREE TO DISAGREE.
9. THE FIRST TO SPEAK GENERALLY LOSES. "PHYLLIS SHOEMAKE".
10. A GENTLE RESPONSE OR ANSWER GENERALLY TURNS AWAY WRATH, BUT A HARSH WORD STIRS UP ANGER (PROVERBS 15:1), AND, "SOMETIMES CAN BE/IS DEVASTATING TO A RELATIONSHIP".
11. CRY WITH SOMEONE. IT'S MORE HEALING THAN CRYING ALONE. IT'S OKAY TO LET YOUR CHILDREN, GRAND CHILDREN, DAD OR GRANDDAD SEE YOU CRY.
12. IT'S OKAY TO GET ANGRY WITH GOD. HE CAN TAKE IT.
13. SAVE FOR RETIREMENT STARTING WITH YOUR FIRST PAY CHECK.
14. WHEN IT COMES TO CHOCOLATE, RESISTANCE IS FUTILE.
15. MAKE PEACE WITH YOUR PAST SO THAT IT WON'T SCREW UP THE PRESENT.
16. AGAIN, **YOU CANNOT ERASE THE PAST.**
17. DON'T COMPARE YOUR LIFE TO OTHERS. YOU HAVE NO IDEA OF WHAT THEIR JOURNEY IS ALL ABOUT.
18. IF A RELATIONSHIP HAS TO BE SECRET, YOU SHOULD NOT BE IN IT.
19. EVERYTHING CAN CHANGE IN THE BLINK OF AN EYE. BUT DON'T WORRY, GOD NEVER BLINKS.
20. TAKE A DEEP BREATH, IT CALMS THE MIND.
21. GET RID OF ANYTHING THAT IS NOT BEAUTIFUL, JOYFUL OR MEANINGFUL.
22. WHATEVER DOESN'T KILL YOU DOES MAKE YOU STRONGER.
23. IT'S NEVER TOO LATE TO HAVE A HAPPY CHILDHOOD. BUT THE SECOND ONE IS UP TO YOU AND NO ONE ELSE.
24. WHEN IT COMES TO GOING AFTER WHAT YOU LOVE IN LIFE, DON'T TAKE "NO" FOR AN ANSWER.
25. BURN THE CANDLES', USE THE NICE SHEETS, WEAR THE FANCY LINGERIE, JEWELRY, ETC. DON'T SAVE IT FOR A SPECIAL OCCASION. MAKE "TODAY" SPECIAL.
26. OVER PREPARE, AND THEN GO WITH THE FLOW.
27. BE ECCENTRIC NOW. DON'T WAIT FOR OLD AGE TO WEAR PURPLE.
28. THE MOST IMPORTANT SEX ORGAN IS THE BRAIN.
29. NO ONE ELSE IS IN CHARGE OF YOUR HAPPINESS BUT YOU.
30. NO ONE CAN MAKE YOU FEEL BAD WITHOUT YOUR PERMISSION.
31. FRAME EVERY SO CALLED DISASTER WITH THESE WORDS, "IN FIVE YEARS WILL THIS MATTER"?
32. ALWAYS CHOOSE LIFE, LET OTHER'S DECISIONS BE THEIR CHOICES. NEITHER YOU NOR THEY CAN WIN THAT ARGUMENT. "MY PERSONAL PHILOSOPHY", TERRY.
33. FORGIVE "EVERYONE", EVERYTHING. "BUT **DON'T FORGET**" THE ISSUE OR INCIDENT". BE PREPARED OR AWARE THAT **IT MAY COME UP OR OCCUR AGAIN.**

31. PEOPLE WITHOUT INTEGRITY ARE DANGEROUS. WHEN SOMEONE SHOWS A LACK OF INTEGRITY IN A SMALL WAY, CONSIDER IT A PREVIEW OF COMING ATTRACTIONS AND ACT ACCORDINGLY. "GENERALLY, PEOPLE DO NOT CHANGE AS THEY GET OLDER. THEY JUST GET OLDER". TERRY
32. WHAT OTHER PEOPLE THINK OF YOU IS NONE OF YOUR BUSINESS.
33. TIME PASSES, PEOPLE DIE AND DON'T COME BACK, AND THEIR BEING GONE IS MORE REAL. OR, "DEAD IS DEAD". JOHN SCHOON, MY C.O. IN 1963 AND LONG TIME FRIEND.
34. TIME HEALS "ALMOST" EVERYTHING. GIVE SOME TIME, TO TIME.
35. HOWEVER BAD OR GOOD A SITUATION IS, IT WILL CHANGE.
36. DON'T TAKE YOURSELF / LIFE SO SERIOUSLY. NO ONE ELSE DOES. "NO ONE GETS OUT ALIVE."
37. BELIEVE IN MIRACLES.
38. "GOD LOVES YOU BECAUSE OF WHO GOD IS, NOT BECAUSE OF ANYTHING YOU DID NOT DO". (BILLY GRAHAM)
39. DON'T AUDIT LIFE. SHOW UP AND MAKE THE MOST OF IT.
40. YOU CANNOT REVERSE THE PAST; BAD DECISIONS, GENERALLY RESULT IN BAD RESULTS.
41. GROWING OLD BEATS THE ALTERNATIVE ... DYING YOUNG.
42. ALL THAT MATTERS IN THE END IS THAT YOU LOVED.
43. GET OUTSIDE EVERY DAY: MUSCLES ARE WAITING.
44. IF WE ALL THREW OUR PROBLEMS IN A PILE AND SAW EVERYONE ELSE'S, WE MORE THAN LIKELY WOULD GRAB OURS BACK.
45. ENVY IS A WASTE OF TIME. YOU ALREADY HAVE ALL YOU NEED.
46. THE BEST IS YET TO COME.
47. NO MATTER HOW YOU FEEL, GET UP, DRESS UP AND SHOW UP.
48. "YIELD"
49. LIFE ISN'T TIED WITH A BOW, BUT IT IS STILL A GIFT.
50. FRIENDS ARE THE FAMILY THAT WE CHOSE FOR OURSELVES.
51. REMEMBER, WE ARE ALL "JUST PASSING THROUGH". (HDQT. USMC CHAPLAIN, 1975-'78)
52. BE RESPONSIBLE, AND TAKE THE WEIGHT OF YOUR CHOICES.
53. WHEN YOU WIN, DO NOT SAY ANYTHING, WHEN YOU LOSE, SAY LESS, i.e., "WIN WITHOUT BOASTING... "LOSE WITHOUT EXCUSES". BUT, IT TAKES PRACTICE TO BE A GOOD LOSER, DON'T BE A GOOD LOSER.
54. THERE ARE TWO WAYS TO LOOK GOOD, (1) IS BE GOOD, (2) THE OTHER IS TO MAKE SOMEONE ELSE LOOK BAD.
55. YOU ONLY HAVE ONE OPPORTUNITY TO MAKE A 1ST IMPRESSION.
56. "A PERSON THAT 'LIES', WILL STEAL", "A PERSON THAT 'STEALS', WILL LIE", QUOTE OF GRANDDAD, GREAT GRANDDAD, GREAT, GREAT, GRANDDAD, "LEE HARRIS".
57. **SKIP THIS ONE** COWBOYS' DON'T LIVE FOREVER AND WHEN THEY MARRY THEY STOP BEING COWBOYS. MARINES LIVE FOREVER AND WHEN THEY MARRY OR DIE THEY ARE STILL MARINES.
58. APOLOGY VS. REGRET: "APOLOGY" IS ACCEPTING BLAME FOR AN ISSUE OR ACTIVITY. REGRET" IS EXPRESSING THAT AN ISSUE OR ACTIVITY OCCURRED BUT "**NOT**" ACCEPTING RESPONSIBILITY OR BLAME FOR IT.
59. "PEOPLE DO A LOT OF THINGS IN THEIR PRIVATE LIVES THAT THEY COULD NOT/WOULD NOT DO IN THEIR PUBLIC LIVES." WENDEL COREY, IN "REAR WINDOW".
60. NOT ALL PROBLEMS HAVE A SOLUTION.

61. CONTINUAL CONVERSATIONS OFTEN DO NOT LEAD TO A SOLUTION. "ONLY MORE CONVERSATIONS".
62. THERE ARE POLICIES AND THERE ARE CHOICES. POLICIES SHOULD BE EXPLICIT AND PENALTIES SHOULD BE LAID OUT AND ENFORCED.
63. WORK WILL GIVE DIGNITY AND MEANING TO YOUR LIFE. ALWAYS TRY TO WORK AT SOMETHING.
64. THE FIRST PRIORITY OF GOVERNMENT IS TO ASSURE PUBLIC ORDER AND SAFETY, AND,
65. ANYTHING THAT DOES NOT PROMOTE EFFICIENCY OR MEASURABLE SERVICES SHOULD BE ELIMINATED.
66. **IT IS "BAD BUSINESS TO PAY LAST YEAR'S BILLS WITH THIS YEAR'S INCOME"**.
67. "DURING THE VIGOR OF EACH MAN'S LIFE, HE HAS THE RESPONSIBILITY TO ASSUME DUTIES FOR THE COMMUNITY". OR, DO SOME VOLUNTEER WORK. GEORGE WASHINGTON.
68. IT IS NOT HOW MUCH YOU INVEST, IT IS HOW MUCH YOU GET BACK.
69. "THE TEST OF MORALITY IS WHETHER YOU FEEL BAD OR GOOD THE NEXT MORNING". (E. HEMMINGWAY ?)
70. WHEN CHANGING / REPAIRING LEAKY FAUCETS IN SHOWERS OR BATH TUBS, **"READ"** THE INSTRUCTIONS" ON THE 'REPLACEMENT PARTS' CONTAINER' PRIOR TO TAKING THE HANDLE MECHANISM APART, I.E.,
 1. "TURN THE WATER SUPPLY OFF". ORRRRRRRR,
 2. BUY A WRENCH THAT WILL TURN OFF YOUR OUTSIDE H2O SYSTEM AND **"KEEP IT HANDY"**.
71. "IF YOU LAY DOWN WITH DOGS, YOU WILL COME UP WITH FLEAS", I.E., BE AWARE OF THOSE WITH WHOM YOU CHOOSE TO ASSOCIATE. "AUNT LOIS BOULT".
72. AT THE END OF THE TRACK, ONE DOES NOT THINK OF THE THINGS THAT HE DID BUT RATHER THE THINGS THAT HE DID NOT DO.
73. "THE RICH (PEOPLE WITH \$\$\$) RULE OVER THE POOR (PEOPLE WITHOUT \$\$\$) AND THE BORROWER IS A SLAVE TO THE LENDER." PROVERBS 22:7
74. WHEN YOU OWE \$\$\$, THE DEBT CONTROLS YOU IN YOUR ACTIONS, EMOTIONS, AND RELATIONSHIPS.
75. EVERYONE NEEDS \$\$\$, HOW IT IS ACQUIRED IS NOT A REFLECTION OF THE HEART, BUT OUR SOCIETY.
76. EVERYONE HAS A BOSS, "THE TRICK IS TO ONLY HAVE A JOB THAT YOU CAN WALK AWAY FROM".
77. "EACH LIE MUST HAVE 7 LIES IF IT IS TO RESEMBLE THE TRUTH AND ADOPT TRUTH'S AURA", MLK. "OR, IF A LIE IS TO FLY, IT MUST BE COVERED BY 90% TRUTHS".
78. "THERE IS NO MAGIC, ONLY ILLUSION" AND W/ THAT GOES THE MAGICIANS OATH, " NEVER REVEAL HOW IT IS DONE"
79. "FORGET IT JAKE, IT'S CHINATOWN", i.e. **"SOMETHINGS JUST ARE"**. SEE THE MOVIE "CHINATOWN" TO UNDERSTAND.
80. **"IT IS MORE IMPORTANT TO SEE PEOPLE WHILE THEY ARE ALIVE THAN AFTER THEY HAVE PASSED"**. MERRITT WENTZ.
81. "THOMAS JEFFERSON'S TEN RULES".(THERE WERE TWELVE ORIGINALLY), READ THEM ON GOOGLE, PRINT THEM AND HANG THEM ON THE WALL.
82. "IN VICTORY YOU DESERVE WINE, IN DEFEAT YOU NEED IT". NAPOLEAN. "NO, BORDEAUX IS NOT A HOUSE OF ILL REPUTE". HEMMINGWAY. "ONE BARREL OF WINE CAN WORK MORE MIRACLES THAN A CHURCH FULL OF SAINTS". MCGUIRES COUSIN? "THERE ARE MORE OLD WINE DRINKERS THAN OLD

DOCTORS". ALL TAKEN FROM MCGUIRE'S STEAKHOUSE WINE ROOM SEATING AREA.

83. GEORGE PATTON IS QUOTED AS SAYING SOMETHING TO THE EFFECT THAT, "IT IS FOOLISH AND WRONG TO MOURN MEN WHO HAVE DIED, RATHER WE SHOULD THANK GOD THAT SUCH MEN LIVED AND TOUCHED OUR LIVES". THIS IS APROPOS TO BILL VICKER'S PASSING.
84. POWER IS THE CENTRAL SOURCE / PROMISE OF "EVIL", BECAUSE NOTHING EXTINGUISHES THE SOUL MORE QUICKLY THAN PRIDE IN POWER. "UNKNOWN"
85. YOUR ADVERSARIES WILL EXIST IN EVERY PROFESSION, EVERY ETHNICITY, EVERY CLASS, EVERY POLITICAL FACTION, **BUT**, YOUR FRIENDS WILL ALSO ABIDE IN THESE PLACES. "UNKNOWN"
86. DON'T BE DISMAYED AT GOODBYES, A FAREWELL IS NECESSARY BEFORE YOU CAN MEET AGAIN, AND MEETING AGAIN AFTER MOMENTS OR LIFETIMES IS CERTAIN FOR THOSE WHO ARE FRIENDS AND LOVED. "UNKNOWN".
87. TO CONTINUE TO PICK OR DWELL ON AN ISSUE(S) EITHER CONCEIVED OR PRECONCEIVED IS LIKE PICKING A SCAB FROM A PHYSICAL INJURY, IT WILL PRECLUDE OR EXTEND THE HEALING OF THE ISSUE(S) AND SOMETIMES EFFECT RELATIONSHIPS' THAT WERE NOT INVOLVED IN THE ISSUE. "UNKNOWN" / EXPERIENCED.
88. NEVER WRITE WHEN YOU CAN SPEAK, NEVER SPEAK WHEN YOU CAN NOD, NEVER NOD WHEN YOU CAN BLINK, NEVER BLINK WHEN YOU CAN WINK.
89. (SUPPLEMENT TO NUMBER 1.OF"THINGS TO REMEMBER' ..."AND, YOU MAY FAIL OFTEN.TAKE SOME RISKS, STEPUP WHEN TIMES ARE TOUGHEST, FACE DOWN ADVERSARIES, LIFTUP THE DOWN TRODDEN **AND**, "**NEVER GIVE UP**". UNKNOWN.
- 90." NEITHER A BORROWER NOR A LENDER BE" (SHAKESPEARE? / PROVERBS?). THE LENDING / SHARING OF PERSONAL PROPERTY OR \$\$\$ IS SOMETIMES THE EQUIVALENT TO LOSING IT. IF YOU FEEL INCLINED TO LEND / SHARE EITHER, CONSIDER GIVING IT AWAY.OTHERWISE HOLD TIGHT TO WHAT'S YOURS. CLAIM IT, CHERISH IT AND MAINTAIN IT. "NEVER LOAN WHAT YOU EXPECT TO GET BACK". PERSONALLY EXPERIENCED.
91. FEELINGS ARE NOT NECESSARILY FOUNDED IN FACTS.
92. TIME IS GETTING SHORT, WRITE YOUR OWN OBITUARY TO EITHER "FOREGO A LOT OF B.S." OR TO "ASSURE THAT YOU HAVE THE B.S. IN THERE", THAT WILL / WOULD DESCRIBE YOUR LEGACY / CHARACTER AND LIFE AS YOU AND / OR OTHERS WISH THAT IT HAD BEEN.

IF I HAVE NOT GIVEN AN ACKNOWLEDGEMENT OR "UNKNOWN" CREDIT ON "SOME" OF THESE, IT IS PROBABLY BECAUSE I DON'T REMEMBER OR KNOW WHERE I HEARD OR EXPERIENCED THEM.

"OF COURSE, THERE ARE MANY OTHER LESSONS / THINGS TO REMEMBER IN LIFE",

AND I HAVE TAKEN THE LIBERTY TO ADD OR INSERT OTHERS, AS I EXPERIENCE

THEM, LEARN OF THEM, IGNORE THEM, OR VIOLATE THEM. BUT AGAIN, "THAT'S LIFE"

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